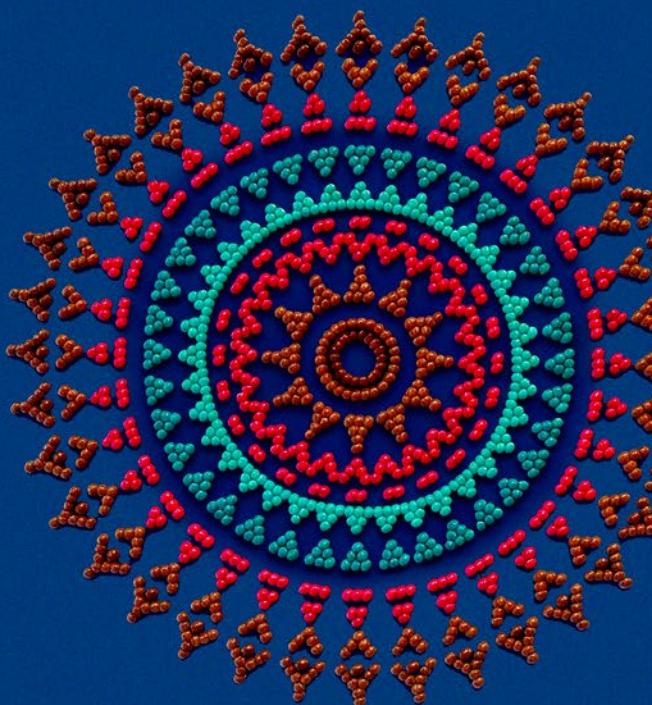
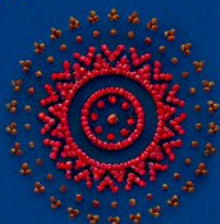
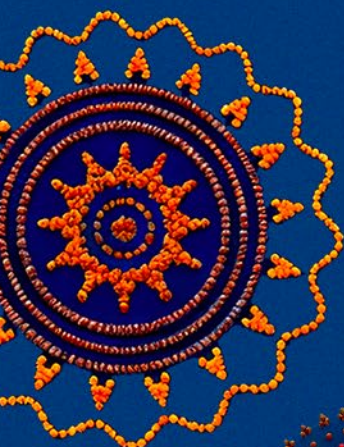


R O V E
HOTELS

OLD METHA

25°14'2.31"N, 65°18'51.18"E

ROVE IS
WHERE THE **HEART** IS



ROVEHOTELS.COM

A BURST OF COLOUR

Welcome to Rove Healthcare City. Curious about the art around you? Let it guide your journey as you explore not just the hotel, but the vibrant character of the neighbourhood beyond.



As you step inside, you're greeted by a striking burst of colour inspired by *rangoli*, a traditional art form created at entrances. Crafted using hand-painted dowels, this three-dimensional installation draws from a rich tapestry of regional influences, from the intricate geometry of Islamic patterns to the floral repetition of henna art and the rhythmic motifs of *sadu* weaving.

Together, it brings a slice of the culturally rich Oud Metha neighbourhood indoors.

DISCOVER THE CURIOSITY WALL NEXT!

THE CURIOSITY WALL

The Curiosity Wall turns science, medicine, and fun into one playful experience.

Inspired by Healthcare City, the artwork reimagines the traditional chemical lab as a place of curiosity, connection, and discovery. Distilling pipes, pressure clocks, and coffee molecules form a dynamic composition, while vintage objects and scientific references add layers of surprise and imagination.

It reflects the idea that curiosity fuels learning, that care and creativity are deeply connected, and that the best discoveries are often made with a sense of play.

At its heart, the Curiosity Wall celebrates the science of fun.

**TO DISCOVER THE SCIENCE OF TASTE,
HEAD ON OVER TO THE DAILY!**



PERIODIC TABLE OF TASTE



Inspired by our surroundings in Healthcare City and the international favourites all around at The Daily, discover our very own periodic table displaying the building boxes of flavour.

ELEMENTS OF FLAVOUR

Take a closer look and you'll notice a recipe hidden in plain sight. Instead of elements, you'll spot everyday heroes, dates, spices, ingredients and local staples, each one playing its part in the chemistry of a great meal. It's a playful nod to how food, much like science, is all about the right combinations coming together.



FRUITS

1. Date (Da) – The national fruit of the UAE; central to Emirati hospitality, Ramadan, and daily life.
2. Fig (Fi) – Popular dried fruit in souks; symbol of sweetness and prosperity.
3. Pomegranate (Pl) – Widely used in juices and salads; also tied to fertility in Middle Eastern tradition.



FLOWERS & AROMATICS

4. Rose (Ro) – Used in rosewater, central to sweets like luqaimat and perfumes.
5. Jasmine (Ja) – A fragrant flower for garlands and oils; symbolic in Gulf gardens.
6. Hibiscus (Hi) – Brewed as a cooling tea (karkadeh), known for lowering blood pressure.



SPICES & SOUK STAPLES

7. Saffron (Sa) – A luxury spice in Emirati desserts (e.g., saffron halwa).
8. Nutmeg (Nu) – Aromatic spice in savoury rice dishes.
9. Clove (Cl) – Found in Emirati rice, meat dishes, and traditional medicine.



HERBS & GREENS

10. Mint (Mi) – Classic in tea and salads; cooling herb for hot climates.
11. Basil (Bs) – Fresh herb used in modern Emirati cooking.
12. Thyme (Th) – Key note in za'atar blends and herbal remedies.



NUTS & SEEDS

13. Almond (Al) – Used in Emirati sweets like khabeesa and halwa.
14. Hazelnut (Ha) – A nut of luxury, common in modern desserts.
15. Cashew (Cs) – Popular in rice dishes and sweets.



GRAINS & LEGUMES

16. Chickpea (Ck) – Core ingredient in balaleet and salads.
17. Lentil (Lt) – Lentil soups are a Ramadan staple.
18. Bulgur (Bu) – Used in Levantine dishes shared in UAE households.



SWEETS & RARE

19. Molasses (Mo) – Especially date molasses, used in aseeda and sweets.
20. Sugar (Su) – Cane sugar for sweet dishes and drinks.
21. Cocoa (Co) – Global influence, blended into modern Emirati desserts.



KITCHEN ESSENTIALS

22. Garlic (Ga) – Essential for flavour in Emirati stews and rice dishes.
23. Onion (On) – Base of nearly every savoury dish.
24. Shallot (Sh) – Used in refined dishes, pickled in souks.



**WITH OUR ART INSPIRED BY THE HISTORIC
NEIGHBOURHOOD AROUND, WE HOPE WE COULD
MAKE YOUR STAY A MASTERPIECE.**